

Hurricane/Emergency Food and Supplies List for SIL

The following Items should be gathered and kept in the home throughout Hurricane Season.

Non-perishable foods (4 day supply for two or more). No fresh fruits, canned preferred

- Canned soups _____
- Canned meat _____
- Crackers _____
- Canned fruits _____
- Peanut butter _____
- Juices _____
- Plastic utensils _____
- Zip lock bags _____
- Paper towels _____
- Paper cups _____
- Paper plates _____
- First aid kit _____
- 4 gallons of water _____
- Manual can opener _____
- Flashlights _____
- Florescent Lantern _____
- Batteries _____
- Portable radio _____
- Emergency numbers _____
- Medication for at least 7 days**** _____
- Paper time sheets _____

Note when Hurricane enters the gulf each client should go to the pharmacy and get all their medications refilled.

Hurricane Evacuation Supply List

In the event it is necessary to go to a shelter, Safe Haven or OPTIONS Inc Community Homes will be used. The following items should be furnished by the participant:

- 30 day supply of medication (in blister packs or bottles – no lose unidentified pills)**
- Pillow _____
- Tooth brush & Tooth Paste _____
- Diapers/ Hygiene products _____
- Soap _____
- Deodorant _____
- Shaving Equipment _____
- Shampoo/ Hair Product (including comb & brush) _____
- Healthy snacks (nuts, trail mix, crackers) _____
- Favorite games _____
- Books/magazines _____
- Sturdy shoes _____
- 5 day supply of clothes _____
- 10 day supply of clothes (if incontinence issues) _____
- Headsets if bringing radios/personal DVD players, batteries, etc _____
- Florescent Lantern _____